

FEAR: NOT OF GOD...PART I

Focus Text: 2 Timothy 1:7

INTRODUCTION

Throughout the scriptures, God continuously told His people to not be afraid but to be of good courage in battle and when keeping His laws because He would be with them. Today, Yahweh is still telling His people not to fear, for He is with us. The demonstration of fear is a potential precursor to a lack of faith. We are afraid of being hurt so we fail to engage in meaningful relationships. We are afraid are failing so we do not try to seriously pursue ministry, school or a particular occupation. We are afraid of disappointing others, so we choose not to follow the path God has given us; instead, we follow the paths others want us to follow. Fear has the ability to delay and even destroy our God-given destiny. Today's discussion of fear focuses on the idea of being afraid of people and situations around you. Many of us live in fear daily and now it is time for a change to come.

Discuss the various definitions of the following terms.

- A. Fear
- B. Power
- C. Love
- D. Sound Mind
- E. Courage

Tool #1 – Defining Fear

1. In the following passage, fear is described as a type of what? Romans 8:15
2. Discuss how power can eliminate fear.
3. Discuss how love can eliminate fear.
4. Discuss how a sound mind can eliminate fear.
5. Discuss how courage can eliminate fear.

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Tool #2 – Recognizing the causes of fear

6. What caused the disciples to fear? Matthew 14:26
7. What was the cause of Peter's fear as he began to tread the waters? Matthew 14:31
8. Name and discuss 5 everyday causes of fear?
 - A.
 - B.
 - C.
 - D.
 - E.
9. How did Abraham demonstrate fear? Genesis 20:2, 11